```php
<?php
class Form {


    public function isPost($field = null) {
        if (!empty($field)) {
            if (isset($_POST[$field])) {
                return true;
            }
            return false;
        } else {
            if (!empty($_POST)) {
                return true;
            }
            return false;
        }
    }



    public function getPost($field = null) {
        if (!empty($field)) {
            return $this->isPost($field) ?
                    strip_tags($_POST[$field]) :
                    null;
        }
    }



    public function stickySelect($field, $value, $default = null) {
        if ($this->isPost($field) && $this->getPost($field) == $value) {
            return " selected=\"selected\"";
        } else {
            return !empty($default) && $default == $value ?
                    " selected=\"selected\"" :
                    null;
        }
    }



    public function stickyText($field, $value = null) {
        if ($this->isPost($field)) {
            return stripslashes($this->getPost($field));
        } else {
            return !empty($value) ? $value : null;
        }
    }


<?php


    public function getCountriesSelect($record = null) {
        $objCountry = new Country();
        $countries = $objCountry->getCountries();
        if (!empty($countries)) {
```

```php
        $out = "<select name=\"country\" id=\"country\" class=\"sel\">";
        if (empty($record)) {
            $out .= "<option value=\"\">Select one&hellip;</option>";
        }
        foreach($countries as $country) {
            $out .= "<option value=\"";
            $out .= $country['id'];
            $out .= "\"";
            $out .= $this->stickySelect('country', $country['id'], $record);
            $out .= ">";
            $out .= $country['name'];
            $out .= "</option>";
        }
        $out .= "</select>";
        return $out;
    }



    public function getPostArray($expected = null) {
        $out = array();
        if ($this->isPost()) {
            foreach($_POST as $key => $value) {
                if (!empty($expected)) {
                    if (in_array($key, $expected)) {
                        $out[$key] = strip_tags($value);
                    }
                } else {
                    $out[$key] = strip_tags($value);
                }
            }
        }
        return $out;
    }

}
```